



## Age and Weight Chart 2019

	<b>Freshman</b>	<b>Sophomore</b>	<b>Junior</b>	<b>Varsity</b>
<b>Ages</b>	5 - 7	8 - 10	11 - 12	13 - 14
<b>Weight</b>	5,6 Unlimited 7 X Factor 109	8,9 Unlimited 10 X Factor 130	Unlimited	Unlimited
<b>Cut Of Date</b>	Dec-31	Dec-31	Dec-31	Dec-31
	5 by Aug 1			Not in 9 <sup>th</sup> Grade